



Experience Human Coaching

A person-centered model for coaching that boosts performance and keeps your best people.

14 Hour Virtual Course
March - 2026

Join Us!

Learn to have meaningful conversations that build trust, grow capability, and strengthen retention.



Visit Our Website
<https://www.ginabrelesky.com>



You're Invited to Join Us!

14 hours over 4 sessions!

Dates: March 4, 5, 11 & 12, 2026

Time: 12:30pm - 4:00pm Eastern

Where: on Zoom!



Register today!

After you register, you'll receive the Zoom invite for Day 1, and we'll send the remaining 3 links within two business days.

Designed for:

People leaders, supervisors, and HR/OD professionals who want to coach their teams in a more human, brain-friendly way.



Experience Human Coaching

A Person Centered Model

This course helps you shift from fixing problems to coaching people.

You'll learn how to:

- Replace judgment with curiosity so people feel known and respected
- Build trust and psychological safety through consistent conversations
- Support your team's critical thinking and ownership
- Use coaching to improve performance and reduce turnover



Why Experience Human Coaching?

80%

of employees who say they have received meaningful feedback in the past week are fully engaged.

Gallup 2024 Workplace Trends Report

Yet only 16% say their last conversation with their manager was meaningful.

Based on the latest workplace research and neuroscience, this program gives you a practical coaching framework to:

- Connect more deeply with your people
- Build a foundation of trust
- Coach to a higher level of performance
- Engage and retain your team for the long term

We help you have meaningful conversations that drive engagement and retention.





Your Investment: \$597 per person

**Early Bird: Save \$97 - register by
February 15**

Register now and save!

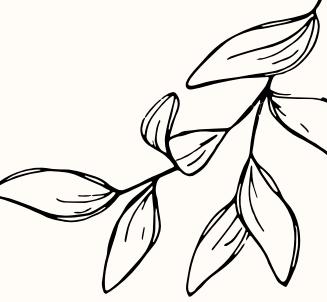
We'll email an invoice after you register -
no payment due today.



Don't Miss Out! Register Today!



Your Facilitators



About Julie East

Human Resources Executive & Executive Coach

- Former VP, Talent & Organizational Effectiveness, Atlas Restaurant Group
- Certified Professional Diversity Coach; ICF Associate Certified Coach
- 25+ years helping leaders and HR professionals grow their impact



About Gina Brelesky

Author, Executive Coach & Learning Professional

- 30+ years in non-profit human services and leadership development
- Certified brain-based executive coach (NeuroLeadership Institute)
- Specializes in resilience, person-centered leadership, and coaching conversations



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