

Experience Human Presents

Experience Human Coaching

A person-centered model for coaching up your team

14-HOUR LIVE
INTERACTIVE VIRTUAL COURSE



Coach people, not just performance.

Learn to have meaningful conversations that build trust, grow capability, strengthen retention, and help people feel known, understood, and valued.

WHY THIS COURSE MATTERS

Meaningful conversations drive engagement.

- Leaders are often expected to fix, advise, and solve - but coaching helps people think.
- People stay where they feel respected, trusted, and supported to grow.
- Brain-friendly questions help team members build clarity, ownership, and confidence.
- A coaching culture strengthens retention, performance, and trust.

WHAT LEADERS WILL LEARN

A practical coaching process for real conversations.

- Practice intentional listening that helps people feel seen and heard.
- Use thoughtful reflection and insightful inquiry to spark AHA moments.
- Move insight into inspired action with clear, measurable next steps.
- Build commitment, ownership, and self-accountability without rescuing or fixing.

You'll leave with practical tools you can use immediately.

Including reflection tools, coaching questions, and simple frameworks leaders can apply right away in 1:1s, performance conversations, and everyday support.

Coaching Process

Listening Spectrum

Thinking Questions

AHA to Action

Commitment Scale

BEST FOR: People leaders, supervisors, managers, HR/OD professionals, emerging leaders, and mission-driven teams.

**Experience
Human**

Connection. Kindness. Curiosity.

Ready to bring more human-centered coaching into your leadership?

Visit www.ginabrelesky.com | Email gina@ginabrelesky.com

Experience Human - creating conversations that strengthen connection, capability, and retention.